COVID-19 UPDATE – August 11th, 2020

In an effort to keep our community partners connected, we are providing you with regular COVID-19 updates.

Key Updates for August 11th, 2020
For a full list of updates from VCH visit vch.ca/COVID19
- Update on COVID-19 Cases
- Community Partner Survey
- Testing

Update on COVID-19 cases
In yesterday's briefing, Dr. Bonnie Henry, provincial health officer, and Adrian Dix, Minister of Health, reported 131 new cases in B.C. since last Friday, including 50 new cases from Aug. 7-8; 37 new cases from Aug. 8-9; and 44 new cases from Aug. 9-10. Today, they reported 46 new cases for a total of 4,111 cases in British Columbia since the pandemic began. Of those, 1,232 cases have been in the Vancouver Coastal Health region. Currently, eight people are hospitalized with COVID-19, five of whom are in intensive care, and 3,444 people have fully recovered. In total, seven long-term care or assisted living facilities and one acute care facility have active outbreaks. There are no new community outbreaks, however there continue to be community exposure events, including in Vancouver Coastal Health, and on flights into and out of British Columbia. Check the Vancouver Coastal Health Public Exposures page for the locations and times of known possible exposures to COVID-19 to the public in our region.

Community Partner Survey
We hope you've found our regular COVID-19 updates informative and helpful during this unprecedented time. As we move forward, we'd like to hear from you about how you'd like to stay informed and engaged with Vancouver Coastal Health on COVID-19 matters and beyond. We have prepared a brief survey, which should take approximately 5 - 10 minutes to complete, to gather some feedback from you. Please click on the link below to begin the survey. The survey will remain open until approximately mid-September.
https://hrsurveys.vch.ca/Survey.aspx?s=c6b77e2e34174c16a88af675353a1ecd
Thank you! If you have any questions, please e-mail ce@vch.ca

Testing
Anyone in the VCH region with cold, influenza or COVID-19-like symptoms, however mild, can now be assessed for and get a COVID-19 test. Contact your physician or nurse practitioner's office, or a local community collection centre to arrange for a test. Phone numbers and locations of collection centre can be found by visiting: http://www.bccdc.ca/health-info/diseases-conditions/covid-19/testing or by calling 8-1-1. In Vancouver, the City Centre and REACH urgent and primary care centres can provide testing as well as the St. Vincent's drive-up location at 4875 Heather Street. The Richmond Assessment Centre is located at 6820 Gilbert Road, in the parking lot of the Richmond Tennis Club. On the North Shore, testing is available at the North Vancouver Urgent and Primary Care Centre. If you think you need testing, please call ahead before visiting your doctor, urgent and primary care center or health clinic.

VCH Medical Health Officers, our provincial partners and the Public Health Agency of Canada continue to actively monitor the COVID-19 pandemic. To protect yourself while out in public, wash your hands frequently and maintain social distance. For more information on COVID-19, please visit www.vch.ca/COVID19.

For more information and latest updates on COVID-19, follow the BC Centre for Disease Control on Twitter @CDCofBC or visit the website: http://www.bccdc.ca/.

Key Messages to Share
- Practice physical distancing if you have to go out
- If you think you have COVID-19 take the self-assessment here: **covid19.thrive.health**
- Anyone in the VCH region with cold, influenza or COVID-19-like symptoms, however mild, can now be assessed for and get a COVID-19 test http://www.bccdc.ca/health-info/diseases-conditions/covid-19/testing
- Self-isolate at home for 10 days if you have COVID-19 symptoms
- Find helpful posters, handouts and other resources about COVID-19 here.